

Student's Name: _____ Student's Grade: _____

**The Epiphany School Lunch from Carolina Bagel
October, 2018**

Please make checks payable to "The Carolina Bagel Co."

Please circle one item each day on the menu and/or write in your ala carte order.

Chips, Goldfish® or Teddy Grahams® will be served with sandwiches (please specify if other than chips).

All Meals include drink (water or milk) and side (fresh fruit, yogurt, or apple sauce), please specify.

Please notify our staff of any food allergies your child may have.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pizza (2 slices) & Salad	2 White Chicken Chili w/Grilled Chs Chicken Nuggets Ham & Cheese Sandwich Mexi-Chicken Wrap PB&J	3 Tomato Basil Soup w/Grilled Chs Grilled Chicken Sandwich Turkey & Cheese Wrap Baked Spaghetti w/side salad Chicken Fillet Sandwich 10 th Grade Retreat	4 Macaroni & Cheese w/salad Hot Dog& Baked Beans White Chicken Chili w/Grilled Chs Chicken Caesar Wrap PB&J 10 th Grade Retreat/K Field Trip	5 Chef's Salad Chicken Pot Pie Chicken Nuggets Chicken Fillet Sandwich Pork BBQ Sandwich
8 Pizza (2 slices) & Salad	9 White Chic Chili w/Grilled Chs Chicken Nuggets Ham & Cheese Sandwich Mexi-Chicken Wrap PB&J	10 Chicken & Dumpling w/Grilled Chs Grilled Chicken Sandwich Turkey & Cheese Wrap Baked Spaghetti w/side salad Chicken Fillet Sandwich 7 th Grade Retreat	11 Macaroni & Cheese w/salad Hot Dog& Baked Beans White Chicken Chili w/Grilled Chs Chicken Caesar Wrap PB&J	12 Chef's Salad Chicken Pot Pie Chicken Nuggets Chicken Fillet Sandwich Pork BBQ Sandwich 6 th Grade Retreat
15 Pizza (2 slices) & Salad	16 White Chicken Chili w/Grilled Chs Chicken Nuggets Ham & Cheese Sandwich Mexi-Chicken Wrap PB&J	17 Potato Bacon Soup w/Grilled Chs Grilled Chicken Sandwich Turkey & Cheese Wrap Baked Spaghetti w/side salad Chicken Fillet Sandwich	18 Macaroni & Cheese w/salad Hot Dog& Baked Beans White Chicken Chili w/Grilled Chs Chicken Caesar Wrap PB&J	19 Chef's Salad Chicken Pot Pie Chicken Nuggets Chicken Fillet Sandwich Pork BBQ Sandwich
22 Pizza (2 slices) & Salad 8 th Grade DC Trip	23 White Chicken Chili w/Grilled Chs Chicken Nuggets Ham & Cheese Sandwich Mexi-Chicken Wrap PB&J 8 th Grade DC Trip	24 Tomato Basil Soup w/Grilled Chs Grilled Chicken Sandwich Turkey & Cheese Wrap Baked Spaghetti w/side salad Chicken Fillet Sandwich 8 th Grade DC Trip	25 Macaroni & Cheese w/salad Hot Dog& Baked Beans White Chicken Chili w/Grilled Chs Chicken Caesar Wrap PB&J	26 Early Release
29 Pizza (2 slices) & Salad	30 White Chicken Chili w/Grilled Chs Chicken Nuggets Ham & Cheese Sandwich Mexi-Chicken Wrap PB&J	31 Chicken & Dumpling w/Grilled Chs Grilled Chicken Sandwich Turkey & Cheese Wrap Baked Spaghetti w/side salad Chicken Fillet Sandwich	1 Macaroni & Cheese w/salad Hot Dog& Baked Beans White Chicken Chili w/Grilled Chs Chicken Caesar Wrap PB&J	2 Chef's Salad Chicken Pot Pie Chicken Nuggets Chicken Fillet Sandwich Pork BBQ Sandwich

A la carte menu

Write in items on chosen calendar day.

Ham & cheese sandwich	\$4.25	Bagel with cream cheese	\$2.25	Bottled water	\$1.00
Turkey & cheese sandwich	\$4.25	Blueberry muffin	\$2.25	Milk	\$1.00
Grilled chicken sandwich	\$4.25	Cinnamon roll	\$2.25	Juice/Snapple Tea®	\$2.00
Chicken fillet sandwich	\$3.95	Fresh fruit	\$1.00	Goldfish®	\$0.75
Grilled cheese	\$3.75	Yogurt	\$1.00	Teddy Grahams®	\$0.75
Hot dog	\$2.75	Chef's Salad	\$5.25	Potato Chips	\$0.75
Chicken Salad Wrap	\$4.25	Side Salad	\$2.50	Baked Chips	\$1.00
Peanut Butter & Jelly	\$2.95	Chicken Caesar Wrap	\$4.25	Choc. Chip cookie	\$1.00
Pizza Slice (Monday only)	\$2.00	Chicken Nuggets	\$2.95		

_____ # days of lunch meals X \$6.50 + items from a la carte menu = \$ _____ total

Carolina Bagel thanks you for your business. In order for us to properly process your student's order, we must have it in hand, with payment, no less than one week before the next calendar month.

Field trips can affect your students lunch, since these trips usually occur during lunch time. Please notify us a week ahead of time for any impending trips and we will gladly credit the lunch for the following month. We can instead save their lunch & place it in the cooler for when they return, if requested.

If because of extenuating circumstances, you are not able to hand in your menu on time, you will still be able to submit a menu. You must however bring it to the restaurant and give us a week lead time before the first day your student's first meal.

We encourage you to contact us with any questions you may have. You can either give us a call at (252)636-0133 or e-mail us at carolinabagel@gmail.com.